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MIND, BODY,
AND SPIRIT FOR
OVER 50 YEARS!**

ALEMANIAN

BISHOP ALEMANY HIGH SCHOOL



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ARCHDIOCESAN CHRISTIAN SERVICE AWARD

Congratulations to Bishop Alemany High School's Archdiocesan Christian Service Award winners!!!

Jason Aguja Beatriz Alfaro Madeline Casanova



ROBOWARRIORS RETURN FROM NATIONALS!



Our Alemany robotics team, the RoboWarriors, returned from the FIRST National Robotics Competition in Atlanta, GA. The team was part of an exclusive group of regional winners who qualified to compete with other winners for the National Trophy. They played like pros and gave it their all.

After several challenging matches the team was able to place in the top 50% of the competitors. Quite a feat considering this is only their second year of competition.

Many teams from all over the world were represented and our RoboWarriors were there.

We are incredibly proud of them and their performance. They are already looking forward to next year's competition. ~ Thanks to all of you who have supported our team.

DANCE AND CHEER TEAMS RETURN FROM NATIONALS!

**Warrior Dance and Cheer Team Results at National Championships
National Championship Final Rankings (Open Division)**

Varsity Cheer Team - **4th Place In The Nation!!!**
Varsity Dance Team - **6th Place in Character Dance**
Varsity Dance Team - **11th Place in Lyrical Dance**
JV Dance Team - **3rd Place in Novelty Dance**

We are very proud...GO WARRIORS!



HIP HOP CLUB CHAMPIONSHIPS



The Hip Hop Club and 3 of our Alemany Dance team members attended Sharp Internationals State Championship.

Hip Hop Club placed first in their division!!!

Chloe Corpuz - first in lyrical solo

Jessica Davidson - first in dance solo division

Joselyn Arciaga - first in Hip Hop solo division

The team also received a trophy for

"Best Showmanship of the competition" award!

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Our Mission - As a Catholic High School, Bishop Alemany is a community enriched by faith that develops intellectually prepared men and women who are committed to promoting a just and peaceful world as conscientious and morally courageous leaders in service to others.

ALEMANY FRENCH STUDENTS TACKLE POETRY



"...When you let your imagination flow without restriction, you learn a lot about yourself, it feels like you're cleaning out the junk in your brain that you didn't know was there...in a way, I feel a little more free."



Alexa Chavez (11)

Incongruous juxtapositions and fantastic images mark the surrealistic movement of artists and writers. In their on-going exploration of French, third year students undertook the challenge of "automatic writing," a technique coined and practiced by surrealistic poets of the early 20th century. Originally viewed as, "pessimistic, defiant, and revolutionary" surrealism developed, under French poet André Breton, into a productive discovery of the unconscious process of random thoughts and dreams evolving from a dark, convoluted labyrinth of man's darkest side into a remarkable source of inspiration and creativity in later poets. *"My first impression of surrealism wasn't really that great. But as I progressed with my poem, I tapped into my mind pretty well. Surrealism is beautiful and it's meaningful; the sky's the limit! There is no one to make you edit it, which makes it a hundred times better."* Valerie Orijel, junior. Alemany French students focused their study on, *La Fourmi* (The Ant) by Robert Desnos 1900-1945 rendering their own version of his poem in order to better understand the structure and style while practicing the tradition of automatic writing. Students completed their final revision with hand drawn illustrations highlighting the visual nature of the style while portraying their own particular vocabulary. *"This experience has been very different from things I have done before. It's almost like our soul was being revealed...the complete randomness of the poetry help us to feel without fear of being judged,"* writes junior, Danielle Grimm. Third year students are in the midst of their final performance semester and setting into motion the pre-writing skills prerequisite to a successful completion of their final, formal writing assessment – an illustrated French children's story. Finally, Tanya Siddiqui shared, *"This poem was very exciting because it allowed me to discover what I'm attracted to -- simple things, yet very beautiful."*

Le Hérrison

*Un hérrison d'un cent centimeters
avec ses pantalons sur la tête
ça n'existe pas, ça n'existe pas
Un hérrison conduisant une voiture
en allant rapidement chez le coiffeur
ça n'existe pas, ça n'existe pas
Un hérrison mangeant des bonbons
mangeant des beignets et des moutons
ça n'existe pas, ça n'existe pas
Eh! Pourquoi pas?*

Christophe Barlog (12)



THE LOS ANGELES PHILHARMONIC CELEBRATES SYMPHONIES FOR SCHOOLS

"...A beautiful musical performance that was very impressive. The young composers were very talented and showed a future in composition. The Disney Hall, itself, was a musical masterpiece -- which showed that architecture and music really do complement each other."

-Evelyn Rodas,

Second Soprano



Poised, gracious, and welcoming long-time Los Angeles Philharmonic New Music Composer, Steven Stucky, welcomed Los Angeles secondary schools to the annual *Symphonies for Schools* on March 6, 2009 at the Walt Disney Concert Hall conducted by Julian Kuerti. The Bishop Alemany Music Department was treated to a day of new music, the history behind the concert hall, as well as being introduced to up and coming young composers.

Many students have never been to the Disney Hall, a familiar landmark here in Los Angeles. It's really important to have that experience, I think, to be exposed to culture --a beautiful, unique building and, of course, to hear a full symphonic orchestra, shared Bishop Alemany Music Director, Jennifer Bellusci, under whose direction the BAHS Orchestra would later take First Prize and Second in the Band Division at the Heritage Music Festival in San Diego after their inspired visit to the concert hall.

The day began with a cordial introduction to the Hall by volunteers who greeted the students and set the scene for the upcoming high-seas musical adventure and mixed metaphor. Along with Musical Director, Jennifer Bellusci, BAHS Vocal Instructor and Choir Director, Juanita Chauvin and several parent/teacher volunteers enjoyed a day unlike any other. Master of Ceremonies, Steven Stucky, introduced the audience to the story behind the concert hall's unique façade and interior design sharing architect, Franck Gehry's vision for the hall taking his sculptural cues from the inspiration of Lillian Disney whose particular aesthetic leanings he fluidly incorporated into both the physical space and the garden. The Disney Hall is a beautiful and modern masterpiece. I was in awe when I saw the Hall in all it's glory, says Angela Hernandez, Second Violin/Second Soprano. The concert hall is like a rose unfolding and the construction inside made everything sound amazing, added fellow Second Soprano, Jeanneen Matias.

A native of Canada, Gehry fashioned a functional acoustic art form of converging steel plates and incorporated the contrarian element of wood throughout the Hall. An avid lover of sailing, Gehry is know for having said, "Architecture is Music frozen in time." Taking an unexpected turn of steel seamlessly flowing into steel, the hall's interior is reminiscent of the hull of a cutter with its depth of keel. Creating the visual effect of strength, warmth, and portraying the watery insight of Gehry's vision, the ocean waves contribute to the aura that lends itself to the Hall being a dynamic and living life form in and of itself.

This year the L.A. Phil sponsored several young composers and provided a venue for their compositions through the Second Annual Young Composers Fellowship Program which the *Symphonies for Schools* program highlights. Aspiring Fellow, young composer and Bishop Alemany pianist, Chris Runyon, remarked that they were surprisingly young to be making some really great music....they were really smart -- they actually symbolized the music of the building. The 2009 Fellows were: Andy Alden and Jack McFadden-Talbot of Harvard-Westlake, Tim Callobre of Pasadena Polytechnic, and Saad Haddad of North Hollywood High who shared their personal interpretations of the material form into the conceptual and aural depictions of the Walt Disney Concert Hall. A challenge which outgoing and long-time L.A. Philharmonic Music Director, Esa-Pekka Salonen, himself also undertook to much acclaim. The audience enjoyed each composition along with several video cuts from the composers' initial impressions of the Hall and personal experience of creating an original composition. Bishop Alemany Concertmaster and winner of the Adjudicator Trophy for Outstanding Soloist, Alexandra Cabal, said her favorite young composer was Tim from Polytechnic. His composition, I thought, captured the ocean metaphor. It inspired me...it was a different point of view. Finally, Music Director, Jennifer Bellusci summarized the experience by adding that getting chills... to open minds and hearts to Music, to see finally, that there are other forms of music which can be equally exciting and moving ... is my hope for all students.

by N.R. Perryman

A ALEMANY A ALUMNI ASSOCIATION

ALL-NEW DIRECTORY HELPS BISHOP ALEMANY HIGH SCHOOL'S ALUMNI RECONNECT



Alemany Alumni are scattered across the country, and even around the world. But no matter where their lives have led them, our alumni all share a common bond – and that's the place they started out. That's why Bishop Alemany High School is working on a new publication designed to help bring our alumni back together.

This new alumni directory will include comprehensive biographical listings with contact information, career overviews, and family highlights for more than 13,000 of our graduates.

Plus, a special section about Bishop Alemany High School will help you reminisce as you read about our past and learn what's in store for the future.

To make sure our directory is as up-to-date as possible, our publisher, Harris Connect, has contacted alumni to verify that the information we will print is accurate and complete. Harris Connect has more than 40 years experience researching and publishing alumni and membership directories.

Please help us make this publication full of the latest information about you and your fellow alumni. It will be fun to reference and helpful keeping people in touch...

May 2009 - Update!:

All alumni who have updated on-line will be contacted by Harris Connect to verify their information. Any alumni who did not receive an initial email request will receive a hard copy mailing to contact us to update their information. Each alumni is assigned a specific and unique id number. When the initial email was forwarded each time it was changed "updated" those changes were applied to the record of the original email recipient. If you do not receive a hard copy mailing by 5/15/09 please contact 1-800-213-1015. This phone number will not be active until after that date so please wait until after 5/15/09 to contact us. Please feel free to forward this email to all other alumni who wish to update their information and were not contacted directly via email. If you have any other questions or if I can be of assistance please feel free to contact me.

Please register yourself in the Alumni Online Directory at www.alemany.org

REMEMBER WHEN...? PICTURES/VIDEO

+Attention Alumni!!! Have You Seen The Video of the FIRST Graduating Class of 1957?! Go to the "Pictures/Videos" section of the website. It will take you back...

ALUMNI FACEBOOK REACHES 2,000 FRIENDS

Are you an "AlemanyAlumni" Facebook Friend?????
Get live updates to your page and or phone as they happen!

ARE YOU INTERESTED IN HAVING YOUR BUSINESS LISTED FOR FREE?

Alumni businesses are added regularly to our Alumni Business Network...Is your business listed???

Please email your business card information to alumni@alemany.org and your business will be listed with the information you wish to have displayed: Alumni Business Network under ALUMNI on our website

Its FREE advertising for our awesome alumni!

ALEMANY ALUMNA - SELYNA ARCIAGA ('07) PERFORMS AT PCN AT CSU FULLERTON



Last April, Selyna performed in a show with her Filipino club at Cal State Fullerton called Pilipino Culture Night (PCN).

PCN is a theatrical production, popularized by Filipino collegiate clubs and organizations that includes traditional Filipino folk dancing, acting, and singing. This year's PCN was entitled "Love How You Do", a romantic musical comedy set in the mid 1980's, with everything from singing, rapping, and references from Filipino culture, the 80's and the Beatles!

Great Job Selyna!

SUMMER SCHOOL REGULATIONS - 2009

All classes will meet four days a week for six weeks with the exception of the Readak class and SAT Preparation.

All classes will be in session from June 17 through July 28, 2009 unless noted otherwise.



REGISTRATION: Early registration will take place in May in the Counseling Center during nutrition and lunch. You may mail the registration form and payment to Summer School Office until June 2nd at 11111 North Alemany Drive, Mission Hills, CA, 91345. Final regular Registration will take place on Monday, June 15th, 2009, and Tuesday, June 16th, 2009 from 8:00 a.m. to 12 p.m. on the West Campus. Tuition for summer school must be paid in full by this date. Students must present a SUMMER SCHOOL AGREEMENT form signed by a parent and the student when registering. N.B.: This form must be read well before signing. Keep the book copy of the contract for your records.

NON-ALEMANY students must have an additional form filled out by their home school. This form can be found on line at alemany.org. In addition, non-Alemany students will be charged a \$75 non-refundable registration fee.

LATE REGISTRATION: Students may register late Wednesday, June 17th from 9:00 am to Noon. A late registration fee of \$15.00 may be charged.

Parents need not accompany students for registration. Those wishing to avoid waiting in long lines on the last day may register by mail. Those who register by mail do not have to come on registration day. They merely report to their class on the first day of summer school. No mail registrations will be accepted if postmarked after June 2nd .

TUITION: Tuition for a ½-unit (0.5) course is \$200. Developmental/Reading and Study Skills class are TBD. SAT Prep is \$240. Checks should be made out to Alemany Summer School. Please put SS and student name in the memo area of your check.

WITHDRAWAL POLICY: A full refund will be given if Bishop Alemany High School must cancel class due to non-sufficient enrollment or other staffing issues. Since the annual summer school budget, the hiring of teachers and staff, and the purchase of supplies are based upon the numbers of students attending summer school, if a student withdraws for any reason, any tuition or fees will be forfeit and not refunded.

ATTENDANCE: Students who are absent more than three (3) days from any class will not be considered as having fulfilled their summer school requirement. Every three (3) tardies to the same class will be treated as a day's absence from that class. *THERE ARE NO EXCUSED ABSENCES FOR SUMMER CLASSES.*

FOR THOSE WHO REGISTER EARLY, SCHEDULES WILL BE MAILED THE WEEK PRIOR TO THE BEGINNING OF SUMMER SCHOOL. IF YOU DO NOT RECEIVE YOUR SCHEDULE BY MAIL, IT WILL BE AVAILABLE IN THE SUMMER SCHOOL OFFICE ON THE FIRST DAY OF SUMMER SESSION.

REQUEST FOR SPECIFIC CLASS TIME: Must be submitted in writing by June 2nd. Every effort will be made to honor such requests whenever possible. No refunds will be given for students who withdraw because of class scheduling.

IMPORTANT: Any course failed during this present semester must also be made up this summer. However, school policy requires any student who accumulates three (3) or more failing grades during the same school year to withdraw from Alemany.

FINAL EXAMS:

All final exams will be given on July 28, 2009. There will be no exceptions.



DO YOU HAVE GROCERY CARDS? DO YOU SHOP AT ... VONS, RALPHS, ALBERTSONS, FOOD 4 LESS

We would like you to CONNECT your grocery card to ALEMANY. This would be at no extra cost to you. By doing this a portion of your bill will be donated to Alemany. With the changing economy this is great way to donate to your school, so it can benefit by your purchases. Please see below for instructions for connecting your card to Alemany. If you have any questions you can contact Lori at LBrown@alemany.org or 818-837

Go to www.escrip.com and register your card, or contact Lori

1. If you don't have your number call 818-877-Safeway, and they will look it up for you.

Go to www.Ralph.com and sign up your card.

1. If you don't know your number call 800-660-9003, and they will look it up for you.
2. Pick up or contact Lori and get a letter with a bar code for Alemany on it and then next time you shop just have the checker scan it once and you will be connected.

Go to www.albertsons.com/cp and sign up your card.

1. If you don't know your number call 1-877-932-7948.
2. We can supply a form to mail to Albertstons

Go to www.food4less.net and sign up your card.

1. If you don't know number or have online access call 1-800-443-4438.



CASINO NIGHT THANK YOU!!



On behalf of the Casino Night Committee, our principal, faculty, staff, and parent board, we would like to say "Thank You" to all those who attended this event, donated items, volunteered their time and supported the efforts of the committee. Because of your efforts our children have a safe and enjoyable place to hang out with their friends after Prom. As parents we all know how hard it is to let go, and this event has given us the opportunity to keep our "babies" safe and secure under our wings for yet another day before they embark on their new and exciting journeys as adults. Please think about patronizing the businesses and the community donors who have generously donated items and services who made the Casino Night a success. Approximately \$10,000 was raised to go towards Post Prom 2009, May 21.

Special Thanks to Angela Vitalis and Kathleen Fritz for chairing this event and hosting a great evening.

Thank You to the following supporters: McClave Jewelers, Hollywood Stuntworks, Av Party Rentals, Marirose & Luther Medina, Andrea Provenzale, Anheuser Busch, Bed Bath & Beyond, Charlotte Mullich, Clinque Products, Creativity Inc., Crystal Mendoza, Father Norm, HYE Lighting Co. Inc., Imperia's Boutique, Jostens, Judith & Tim Hicks, Katherine's Fashion, Legoland California Resort, Los Angeles Dodgers, Mann Theatres, Marie & Richard Kratochvil, Michele Clarizio, Mediatlaus Digital, Outreach AHS, Pacific Theatres, Paintball USA, Priority One Credit Union, Lori & Paul Brown, Jordan Family, Riss Family, Ronald Regan Library, Sherman Oaks Castle Park, Shirley & Stone Ramirez, Six Flag Magic Mountain, Sunstone Winery, The Bear Pit Restaurant, Tony P's Dockside Grill, West Coast Cuts & Colors, Mr. & Mrs. Ed Zeigler, Alemany Theatre Boosters, Alemany Boys Basketball Team, Alemany Girls Soccer Team, Alemany Alumni Association, Alemany Boys Baseball Team, Alemany Girls Softball Team, Alemany Classified Staff, Alemany Band Boosters, Alemany Golf Committee.

FR. NORM'S NOOK

Dear Alemany family:

We come to the end of another year. For many it has been a very difficult year financially and other ways. Many families have lost loved ones. As we end the year we pray for all those who have suffered during this past year and pray that the coming year will be filled with hope. As I work with the students I am amazed by the care and love that families have shown to the students. I am not saying that our families are perfect, but that our families are doing a wonderful job in preparing our students for their future and the future of our community. God bless you abundantly for all you do.

Fr. Norman Supancheck

SENIOR NOTES

We are fast approaching the end of the school year. You will be receiving a letter in April detailing end of the year senior events.

Be sure to note the following:

- Senior Graduation fee is overdue. \$175 payable to the Tuition Office
- Prom, Thursday, May 21, 2009 at V2O in Long Beach. Seniors will not have school on May 21st.
- Those attending Prom will need to be at school on May 21st no later than 3 p.m.
- Payment for Prom and Grad Nite is cash or money order only. Cost of Prom is \$130.00 per person and Grad Nite is \$65.00 per person. All outstanding tuition and fees must be paid in order to purchase a Prom Bid, Grad Nite ticket, or receive graduation cap and gown.
- Practice for Baccalaureate and Graduation will be on Tuesday, June 2nd in the gym, immediately after finals
- All graduating seniors MUST attend both Baccalaureate Mass and Graduation
- Senior Awards are Thursday, June 4th. Those receiving awards will be notified by the Studies Office. (This is a calendar change)
- Grad Night, Wednesday, May 27th, has had a location change to make the occasion more affordable. Seniors will not have school on Thursday, May 28th. (This is a calendar change).
- Baccalaureate Mass on Friday, June 5th at 6 p.m. in the gym. Cap and Gown required. Graduating Seniors are asked to assemble at 5 p.m.

Tickets for the Baccalaureate Mass will be limited.

Graduation is Saturday, June 6th at 9AM at College of the Canyons in Valencia. The graduation venue has been changed to insure adequate parking. Seniors are asked to assemble at 8 AM.

*E-SCRIPT THANK YOU*

Bishop Alemany High School would like to thank our **Local VONS and RALPHS** markets for their participation in the E-Scrip program. During 2008 Bishop Alemany High School earned approximately \$2000 in contributions from this program! This e-Scrip program is a fantastic program where schools can earn money from purchases families are already making at their local Vons and Ralphs. With really only a small percentage of families signed up every time they shop a percentage of what they spend is coming back to Alemany. The money generated from this program has come back to the Parent Association for programs like the Teacher and Staff Appreciation Luncheon. We thank Vons and Ralphs for continuing to fund this program even as the economy has slumped. We very much appreciate your commitment to education even when economic times are hard. As parents we invite MORE parents to sign up for this program to help Alemany.

"ALEMANY TODAY" STUDENT NEWS BROADCAST ONLINE!

Check out what's going on at Alemany by watching "Alemany Today" online!

There are more videos to watch until then by clicking on "Pictures/Video" on our home page (to the left) Then click on PODCASTS to view all the latest BAHS student videos and *enjoy!*

OUR "SUPER SENIORS" AND ALEMANY PARENTS HELP SAVE LIVES!

Our "Super Seniors" (with Ms. Moran) and Alemany Community Receive Recognition From The Providence Blood Donor Center

Attention Parents and Friends:

"Donate Blood and Save a Life"



PROVIDENCE SAINT JOSEPH MEDICAL CENTER BURBANK PROVIDENCE HOLY CROSS MEDICAL CENTER MISSION HILLS LITTLE COMPANY OF MARY HOSPITAL TORRANCE LITTLE COMPANY OF MARY - SAN PEDRO HOSPITAL

Bishop Alemany Parent Association had a Blood Drive on Tuesday, April 28, 2009 from 3 – 8pm in Alumni Hall, sponsored by the Parent Association and partnering with Providence Holy Cross Hospital. We have had blood drives every year on campus for our seniors to donate but this time it was for our parents, friends and students also to join in on what we have educated our students in, to give to others in need. Most people don't realize that blood is a very expensive medical product, sometimes over \$300 a pint. As a member of the community, we joined in an effort to make this a better and caring place for everyone. Donating blood benefits both the recipient and the donor. Families also received parent hours by donating. We had a total of 71pints donated that night. We had a positive response so we will try to schedule this again next year for more families to participate. We would like to thank Pam Bingham for coordinating this Blood Drive.

The Totals From Last Blood Drive : 179 donors - 114 pints of blood collected - 228 lives were saved!!!

ALEMANY STUDENTS SWEEP OPTIMIST CLUB ESSAY CONTEST!

Congratulations to eleventh graders Jennifer Padilla (gold medalist), Sophia Jenrich (silver medalist), and Michelle Vidal (bronze medalist), who took the top 3 places in the local Optimist Club essay contest!

The essay topic this year was "The Power of Youth." This year marks the second time Alemany has entered the contest, and Alemany students have won top honors both times!

Gold medalist Jennifer Padilla (right in the picture) will continue to the next round of the competition in Bakersfield this June.

Best of luck, Jennifer!!!

**ALEMANY HOSTS NUTRITION SEMINAR**

The Physical Education Department presented a Nutritional seminar to our Health classes on March 25th and 26th. The speaker was Karen Roth. Karen serves on the Advisory Board for **TheHolisticOption.com**, a resource for holistic health and wellness. A health community for the whole you. Her company, Nutritional Choice™, was founded in 2006 and is located in California, USA



She presented a PowerPoint slide show on *The Hidden Truth of Sugar*, providing samples from Health Stores and fielding questions from anyone attending. This was an incredibly valuable opportunity for our school community to learn and grow in a positive and healthy direction. As a general population we are suffering from the affects of poor diet, lack of exercise and limitations in our knowledge about food choices. So often we hear the excuse that "I don't have time to eat right" or "it costs too much to eat healthy". The truth is very different from the general misconception. And the affect of a healthy diet could be monumental the well being of our students and their families.

Thank you Mr. Neumann for organizing this amazing event!

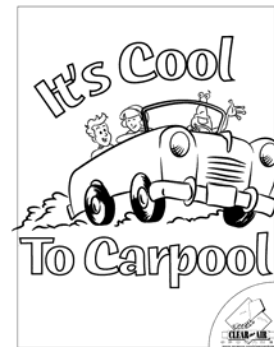
BAHS CARPOOL INFORMATION 2009-2010

Bishop Alemany High School: Families interested in carpooling for the 2009-2010 school year should contact Janell Cornell at jcornell@alemany.org with the following information: (Please put "carpool" in the subject line of your e-mail.)

- ◆ **Parent's Name**
- ◆ **Parent's e-mail address**
- ◆ **Student's Name**
- ◆ **Address, City, Zip Code**
- ◆ **Parent Phone number with area code for contact**

Thank you!

Questions? Call: Janell Cornell 1(818) 837-5209



CHECK OUT THESE AMAZING WARRIORS!!!!!!



- ◆ **Rebecca Delgado** accepted to the U.S.C. School of Cinema with a Major in Screen Writing. (One of twenty-four students accepted.)
- ◆ **Heidi Zeiger** Scholastic All- America Team announced by USA Swimming.
- ◆ **Gary Espinosa & Anthony Espinosa** are on the Daily News All-Area Wrestling team.
- ◆ **Diego Rabanal** is the Newcomer of the Year!

SUBWAY CARDS ARE COMING TO HELP ALEMANY



Coming soon will be cards to present to your local merchant for a portion of your sales every time you shop to be donated back to Bishop Alemany.

Family Packs will be available at the school to provide everything you need to participate, including: a personalized letter from the fundraising coordinator, Foot Locker Key Tags, your custom School Code and easy to follow instructions on how to support your school when shopping online. Once you receive these materials, parents can instantly begin participating by dining at SUBWAY using a registered SUBWAY Card, shopping in store using custom-coded Key Tags at your local Foot Locker, Lady Foot Locker and Kids Foot Locker or shopping online with a custom School Code at www.footlocker.com, www.1-800-Flowers.com, www.travelcityschoolrewards.com, or www.verizonwireless.com/myschool!

The Parent Association Thanks You for you support in showing your card when you shop.

"DAY OF SERVICE" - ALEMANY STYLE!



On April 21, many of our Sophomore class worked on some amazing service activities...

Over 145 Sophomores took part of in two service activities:

- ◆ **70 Sophomores (LA Regional Food Bank)**
- ◆ **75 Sophomores (Million Trees LA)**

A special thank you to: Bob Warren, Luis Sotelo, Raul Bocanegra, Lisa (Million Trees LA Mayor's Office), Megan (LA Conservation Corps), and all the parent chaperones who will be working with the tree planting students!

Both activities were awesome for the Bishop Alemany and for the community!



THERE IS NOW AN EVENING YOGA CLASS FOR OUR ALEMANY COMMUNITY!



This class is for Alemany parents, family, and friends! The class will be taught by Julie Schadek, certified yoga instructor and Alemany ceramics teacher.

There are many reasons why one practices yoga.....Health, flexibility, strength, activity....but you also benefit from the mind-body connection through the postures and breathing techniques. With the teacher's guidance, you will work through a series of 26 postures. Each week you will notice progress as you become more familiar with your practice and as your body becomes stronger and more flexible. Breathing techniques will help you build your ability to focus the mind and quiet the body. You will start to notice changes in your sleep, overall wellness, and your ability to get through the day.

Classes will be run on a DONATION basis. At most local studios you will pay \$15/class, on average. If you can afford to pay, there will be a donation jar for you to contribute. If times are hard and you cannot afford to pay at this time, enjoy the class...maybe there will be a time in your future you can. As a community, we can support one another while staying mindful of all the pressures and stresses in our daily lives.

Classes are offered every Monday evening from 6:45 to 7:45 BEGINNING MAY 4TH

(Location: Dance Room - Enter on the back side of the gym)

Class will begin on-time, please arrive at least 5 minutes early to get settled!

**There will not be class on 5/25, or 6/15

Summer session will end with the last class on 7/13

For more information, go to the "YOGA CLUB" page on www.Alemany.org. You can download the registration form which must be filled out prior to your first class. I will have forms available at every class. If you have any questions prior to attending, please contact Julie Schadek via email at: jschadek@alemany.org

Please bring a yoga mat, water bottle, and a towel. Wear comfortable clothes and we will not be wearing shoes during practice. If you have any health problems or injuries, please consult a doctor before attending your first class.

FAMILY FUN NIGHT THANK YOU!!



Thank you **Department Chairs, Coaches/Boosters, and Moderators** for all your fun activities and GREAT FOOD!!!

Thank you **Alycia Corcoran** and **ASB** for the balloons and paint

Thank you **ASB Student Affairs Commissioners** (and friends):

- o **Emily Loren** o **Julie Vescera**
- o **Patricia Recio** o **Vanessa Freedman**

And...Sophia Zacharczuk, Chelsea Deleon, Olivia Paluch, Angela Queja, Sara Villa

Thank you W.O.W. Crew:

- o **Ericka Cornejo** o **Celina Gougis** o **Alyssa Lopez**

Thank you **Scott Drake** and **Pat Yomtob** for the added supervision all night

Thank you **Mike Wellington** and **Eric Neumann** for the always awesome Dodgeball Championship Tournament

Thank you **Katy Castan** and **JoAnn Schnelldorfer**

Thank you **Manny Crespo** for working on the first rendering of the Alumni Hall Renovation

Thank you **Janell Cornell** for the regular updates over the PA throughout the evening

Thank you **Lori Brown** for organizing all the parent volunteers

Thank you **Kristelle Padilla** ('08) for coming back to help this year

Thank you **Brian MacGregor** for taking all the photos

Thank you **Mary Wilson** for all the extra time put in before, during, and after the event.

And THANK YOU to Luis Sotelo and the awesome Maintenance Crew for a very long and busy day's!

Thank you to ALL of you for your enthusiasm for this amazing Alemany Community! You are the inspiration that makes Bishop Alemany High School such an amazing place...

May God continue to Bless the Bishop Alemany High School Community!

Mr. CJ Kruska - Director of Alumni and Public Relations

CLASSES RAISE 3K FOR RICE BOWL COLLECTION



This Lent, Alemany students once again participated in the rice bowl collection to aide in ending hunger and poverty in all parts of the world. Collections took place in the religion classes beginning February 25th and ending March 17th. This year's collection was preceded by an inspiring visit from African hunger survivor Thomas Awiapo...

He spoke of his battle for survival in his village and the passing of his brothers from hunger. He attributed his survival and education to the generosity of America's schools collecting rice bowl money and donating to Catholic Relief Services to fight hunger and poverty in Africa. He encouraged students to be generous in this year's collection because he is living proof of the success of rice bowl collections.

Students in Ms. Chavez's Freshmen English classes felt inspired to do something extra. They challenged themselves to raise \$3,000 to donate in addition to the religion class collection. Students brought anywhere from \$10 to \$300 over the course of three weeks. Students bringing over \$100 included Andrew Turley, Katy Hellmuth, Brianna Lopez, Jasinto Cacho, Shawn To, Leslie Lopez, Frank Ceglia, and Carina Gutierrez. A total of 152 students participated in the collection.



The money was presented to Principal Ferry, Mr. Don Levan, Mr. Bob Warren, and Sr. Sara Goggin on Monday March 16th in the Our Lady Queen of Angeles Chapel on the Alemany campus. Mr. Ferry spoke of these students as setting a bar for others to follow in the future. Each dollar raised provides multiple meals and saves lives. Because of this collection, Bishop Alemany High School met and exceeded the goal for this year's rice bowl collection. Thanks Freshmen Warriors and congratulations on a job well done!



BISHOP ALEMANY HIGH SCHOOL
 Parent Association Presents

SURVIVAL KIT!

For only
\$20.00

Protect your Family & Be Prepared

Each Kit contains a Space Blanket, & a 3 day supply of Food & Water for 1 person!

***Approved by the U.S. Coast Guard**

***5 YEAR SHELF LIFE**

DON'T BE CAUGHT UNPREPARED!

- ◆ Our goal is to encourage "EARTHQUAKE & EMERGENCY PREPAREDNESS!"
- ◆ **Get one for your CAR-HOME-OFFICE-FRIEND-YOUR COLLEGE STUDENT**
- ◆ Emergency Car Kits are available through the Parent Association for \$20.00 each. **THE ARK III Delivery:** You will be contacted when your kits are ready for pick up at Alemany High School.
- ◆ We have started this fund raiser so that our families and friends can be prepared in the event on an emergency. Each kit you purchase, Alemany will benefit also because all proceeds will go back to Alemany for the purchase of emergency supplies for your student and school for our preparedness in the event of an emergency.
- ◆ Please feel free to call Lori at 818-837-5237 or LBrown@alemany.org

----- Please tear off and return with payment -----

SURVIVAL KIT ORDER FORM

Name: _____

Phone: _____

Email: _____

of Car Kits _____ x \$20 = \$ _____

You can return this order form by mail or drop by your order to:

Bishop Alemany High School

11111 N. Alemany Drive

Mission Hills, Ca 91345.

Please make checks payable to: Bishop Alemany High School

THANK YOU for your support!



**GRADUATION LEIS
Order Form**



Help make your child's graduation a truly special and memorable event by buying them their very own Hawaiian Lei. What better way to commemorate your graduate's years of hard work and start of vacation than with a traditional Hawaiian Lei. The Leis can be picked up after the Baccalaureate Mass or at the stadium before Graduation. A limited number of Leis will be available for sale on the day of the Baccalaureate Mass and at Graduation, please pre-order to ensure that your Senior will have a Lei or Red Rose at their Graduation!

Preorders must be received in the Main Office by 3:30pm on Friday, May 15, 2009.

Pre-Orders: **Single Dendrobium Orchid Lei (purple&white): \$15.00** **Double-Layered Lei: \$25.00**
 Single White Orchid Lei: \$ 15.00 **Double-layered Lei: \$ 25.00**
 Single Cardinal & Gold Orchid Lei: \$ 18.00 **Double-layered Lei: \$ 28.00**
 Single Red Rose and Baby's Breath wrapped \$ 8.00

After May 15 a limited number will be sold at increased prices at the Mass and at Graduation:

Single Dendrobium Orchid Lei(purple & white): \$ 20.00 **Double-Layered Lei: \$ 30.00**
Single White Orchid Lei: \$20.00 **Double-Layered Lei: \$ 30.00**
Single Red Rose & Baby's Breath wrapped: \$ 10.00

Balloons will also be sold at Graduation for your convenience.

All profits will go the Parent Association for future events for students and Parent Association.

----- Please tear off and return with payment -----

Student's Name: _____

Home Phone: _____ Cell Phone: _____

Pre-order **Please indicate number of each desired:**

_____ Single Dendrobium Lei: \$ 15.00 _____ Double Layered Dendrobium Leis \$25.00
 _____ Single White Lei: \$ 15.00 _____ Double-Layered White Lei: \$25.00
 _____ Single Cardinal/Gold Lei: \$ 18.00 _____ Double Layered-Cardinal/Gold Lei \$28.00
 _____ Single Red Rose and Baby's Breath Wrapped \$8.00

Total Price\$ _____

Make checks payable to **Alemany High School**, Cash is also acceptable.

****This form must be returned in to the Main Office by FRIDAY, MAY 15, 2009 BEFORE 3:30pm**
NO PREORDERS After this Date**

****This form must be returned to the Main Office by Friday, May 15, 2009 by 3:30pm****

May 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Spring Musical Art Show	2 SAT Test Date Spring Musical 7:30 PM Art Show
3 Mass—Mother's/ Father's Day 5PM Musical/Art Show	4 AP Exams Government (AM)	5 KAIROS LEAVES AP Exam Spanish Lang June SAT Registra- tion	6 KAIROS AP Exams Calculus AB & BC Parent Meeting 7PM	7 KAIROS AP Exam English Lit Class Officer Speech	8 KAIROS Returns AP Exams US History (AM) Euro History (PM) Spring Concert 7PM	9 Alemany Amigos 9AM—1:30 PM
10 HAPPY MOTHER'S DAY	11 AP Exams Biology (AM) Physics (PM)	12 AP Exams Chemistry (AM) MAY CROWNING CEREMONIES	13 AP Exams English Lit (AM) Swim Banquet	14 NHS Ceremony AP Exams Macroecon (AM) World History (AM) Microecon (PM)	15 AP Exams Spanish Lit (AM) SHOWCASE THEATER 7:30PM	16 SHOWCASE THEATER 7:30 PM TEXAS HOLD'EM TOURNAMENT
17	18 ASB COMMISSIONER APPLICATIONS DUE	19 ASB Awards Dinner	20	21 PROM / POST PROM NO SCHOOL FOR SENIORS ONLY	22 NO SCHOOL Bishop Alemany Day	23
24 Feast of the Ascension of Jesus Into Heaven	25 NO SCHOOL MEMORIAL DAY	26	27 GRAD NITE	28 NO SCHOOL FOR SENIORS ONLY	29	30
31 Feast of Pentecost						

June 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CLOSING SCHOOL MASS We have been Blessed	2 SENIOR SEM EXAMS Graduation Practice	3 SENIOR SEM EX- AMS Yearbook Distribution	4 SENIOR SEM EXAMS SENIOR AWARDS 7PM	5 Exposition of the Blessed Sacrament Baccalaureate Mass 6:00 PM	6 GRADUATION
7 Trinity Sunday	8	9 SEM EXAMS	10 SEM EXAMS	11 SEM EXAMS Semester Ends!!!	12 Faculty Work Day/Luncheon	13 ACT Test Day
14 Feast of the Body And Blood of Christ	15 SUMMER SCHOOL REGISTRATION 8AM—12 NOON	16	17 SUMMER SCHOOL BEGINS	18	19 NO SUMMER SCHOOL	20
21 HAPPY FATHER'S DAY	22	23	24	25	26 NO SUMMER SCHOOL	27
28	29	30				



Bishop Alemany High School

Please return to:
CJ Kruska
Alumni and Public Relations Director
11111 N. Alemany Drive
Mission Hills, CA 91345

Questions or Comments??
Phone: 1(818)365-3925
Fax: 1(818) 365-2064
Email: cjkruska@alemany.org



WE ARE ON THE WEB:
WWW.ALEMANY.ORG

2009 POST PROM INFORMATION

Post Prom Party—Will take place on Thursday, May 21, 2009 from 11pm until 5am Friday. Yes, this is an all night party sponsored by your Parent Association, to keep our Juniors and Seniors in a safe, alcohol and drug free party, to celebrate their successes with friends after Prom. The cost is included in your Prom bid if you are going or if you are not going it is \$25 presale and \$30 at the door.

We **need all parents of Freshman, Sophomores, Juniors, and Seniors** to help keep the 13 year tradition going for when your student becomes a Junior and Senior, if they aren't one already. We need help decorating prior to Post Prom, the day of and during the evening. Parent Service hours can be earned by helping. We need donations of prizes, food certificates, movie tickets, amusement parks, sport events, sporting goods, gift certificates, gas cards any items that teenagers would like to win. We also need monetary donations for prizes during the evening. Check out the Alemany website under Parent Association, Post Prom for details and times or contact Lori Brown at lbrown@alemany.org or call 818-837-5237 to make a great evening happen for our students. Items can be dropped off in the Administration/Main Office marked Post Prom.

-----Cut Here -----

Post Prom 2009

Yes, I'd like to make a donation of:

Item _____ or \$25 _____ \$50 _____ Other _____

We need donations for prizes, food certificates, movie tickets, amusement parks, sport events, sporting goods, gift certificates from Best Buy, Blockbuster, Gas Cards, or any thing that teenagers would like to win. We also need monetary (cash donations for prizes). We would like to see as many kids go home with prizes.

Parents Name: _____ Phone# _____

Bring to Main Office or Send to : Alemany Parent Association, Post Prom % Bishop Alemany School, 11111 North Alemany Drive, Mission Hills, CA 91345-1109